

Transition Clinic

In the Fall 2009, the CRCA introduced the Transition Clinic to support youth and their families with the transition process to adulthood. The focus of the Transition Clinic is:

- Determine youth and family strengths, concerns and priorities through a screening and assessment process.
- Assist youth and families with planning for the near and distant future by establishing short and long term goals and objectives.
- Link youth and families with community resources and services that can assist them with achieving identified goals and objectives.
- Identify youth and families who would benefit from intervention from CRCA therapy services i.e. home programs, groups, coaching, one-to-one, etc.
- Assist youth and families with preparing for their change in roles i.e. youth assuming more responsibility and parents moving from a “doer/helper” to a life-coach role.

The Transition Clinic is staffed by a Social Worker (SW), Occupational Therapist (OT), Speech Language Pathologist (SLP) and Physiotherapist (PT). The Clinic typically runs twice a month with a maximum of two appointments per clinic day.

Clinic services are currently available to all newly referred clients to the CRCA who are nine years of age or older and who are **NOT**

- Receiving transition planning services from an external agency and/or
- Receiving **ALL** their therapy services (SW, OT, PT, SLP) from an external service provider.

The Clinic services will be gradually rolled-out to existing youth-aged clients of the CRCA following a prescribed roll-out plan and inclusion criteria.

If you have any questions about the Transition Clinic please feel free to contact Maxine Orr at 759-1131 ext. 221.